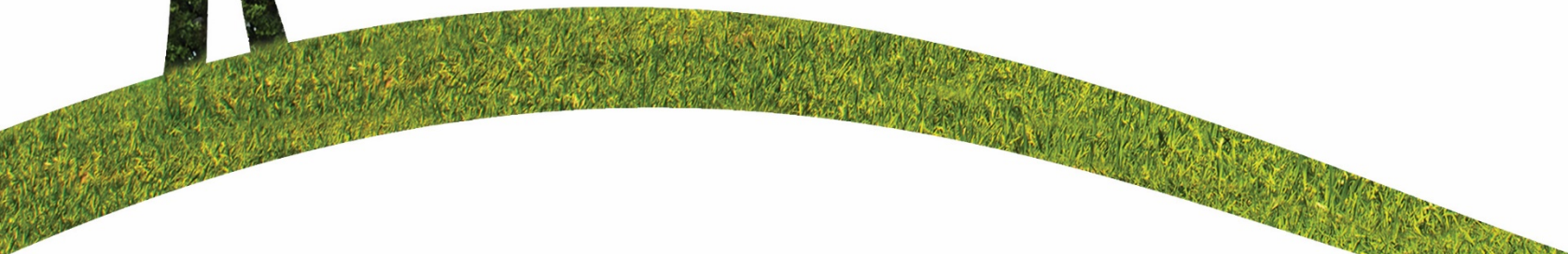




Birth to Three Early Intervention Via Tele-intervention During COVID-19 Emergency



Overview

- **Early Intervention Services Provided via Tele-intervention**
- **Tele-intervention's Alignment with Early Intervention and the Coaching Model**
- **How To Get Families Onboard**
- **How to Conduct Tele-intervention Session**

Early Intervention via Tele-intervention?

- ❖ There are interchangeable terms across different platforms:
 - Tele-medicine, tele-health, tele-practice, tele-therapy, virtual home visits.

- ❖ According to OCDEL, tele-intervention is used to describe Early Intervention services that are being provided using audio/video technology, and where that technology is not available, the use of a telephone.

- ❖ Tele-intervention will be used to support the outcomes on the child's IFSP.

- ❖ Tele-intervention is the same as coaching in person; you will be coaching using technology.

Tele-intervention Alignment with the Coaching Model

- ❖ Tele-intervention focuses on caregiver-child interactions.
- ❖ Tele-intervention encourages parents to use developmentally appropriate strategies through coaching from their interventionist.
- ❖ Tele-intervention supports caregivers using strategies to promote their child's learning and development through everyday experiences.
- ❖ Tele-intervention re-directs the interventionists focus from the infant/toddler to the family and their infant/toddler.

Technology and Equipment Required

- ❖ **Tele-intervention via Video Conferencing on equipment such as a desktop or laptop will require internet / Wi-Fi access.**
 - **Recommended upload / download bandwidth is 1.5 Mbps for quality video over the internet.**
 - **Access must be password protective, public/free internet access is not recommended.**
 - **Other technology suitable for tele-intervention include smartphones, iPads, and tablets with secured internet access.**

Technology and Equipment Required

- ❖ Examples of video communication technology platforms* that can be used for Tele-intervention:
 - FaceTime is used on Apple technology only and is enabled through opening settings on your device. Further instructions can be found at <https://support.apple.com/en-us/HT204380>
 - Facebook Messenger can be used on both desktop and mobile devices. Instructions on how to get started can be found at <https://www.facebook.com/help/messenger-app/1414800065460231?helpref=topq>
 - Skype can be used on computers and mobile devices. Instructions on how to get started can be found at <https://support.skype.com>
- * ***DO NOT use any public facing video communication platforms for tele-intervention (i.e. Facebook live, TikTok).***
- ❖ When technology is not available, OCDEL confirms that tele-intervention can be done over the phone.

How to Get Families Onboard

- ❖ **OCDEL has confirmed tele-intervention as an option for families.**
- ❖ **We will follow OCDEL guidelines on how to implement tele-intervention.**
- ❖ **KenCrest County Supervisors will contact staff and contractors on when to begin tele-intervention services in each County.**

Procedures to Conduct Tele-intervention Sessions: Prior to Session

- ❖ **Contractors must confirm with their liability insurance carrier that tele-intervention (tele-therapy, tele-practice) is covered under their current policy, unless your insurance carrier is HPSO (HPSO has provided written confirmation covering tele-health / tele-medicine).**

- ❖ **Prior to the tele-intervention session, contact the family to schedule the date and time for tele-intervention (i.e. during mealtime routine). Also discuss/confirm what technology platform the family has available for tele-intervention.**

Procedures to Conduct Tele-intervention Sessions: Prior to Session

- ❖ **Interventionists need to prepare before the scheduled session considering attire and background view and noise. Interventionists need to be dressed appropriately. Tele-intervention sessions need to be conducted in private without other people having access to hearing or seeing the session with your early intervention family. Have your tools available for use during session for demonstration (i.e. assistive props/dolls).**

- ❖ **Download and save an electronic /fillable session note on your desktop / laptop now. Fillable Session Note Downloads can be found at:**
 - **Staff can download the fillable session note from [KenCrest Share webpage](#)**
 - **Contact your KenCrest County Supervisor to forward you the fillable session note.**

Procedures to Conduct Tele-intervention Sessions: Beginning of Session

- ❖ **After greetings, ensure that the family can see and hear you.**
- ❖ **Offer suggestions to the family for microphone or camera repositioning if needed for you to see /hear them better.**
- ❖ **If not using cell phones for Tele-intervention, have phones ready on both ends for use to trouble shoot video difficulties. If difficulties persist, continue tele-intervention via phone.**
- ❖ **Start session with open ended questions to hear the family's review of what has happened since the last session and/or concerns with strategy attempts toward outcomes. Learn from family if any accomplishments/milestones have been achieved since last session.**

Procedures to Conduct Tele-intervention Sessions: The Session

- ❖ **Coach....Demonstrate....Feedback...**
- ❖ **Take the time to remind how the activity being practiced relates to the IFSP outcomes and the family's goals for their child.**
- ❖ **Get feedback from the caregiver on how they feel the strategy / activity is working for them.**
- ❖ **Help the caregiver problem solve through reflective questioning.**
- ❖ **Take advantage of involving other family members/older siblings in session activities if applicable.**

Procedures to Conduct Tele-intervention Sessions: End of Session

❖ Summarize the session:

➤ Reflect on goals, what was successful and opportunities:

- ✓ Reflect and discuss with the caregiver ways to incorporate activities from this session in their other daily routines.
- ✓ Review what the caregiver did and agree on what will be continued through the week until the next session.
- ✓ Discuss how the caregiver felt about this session overall and what was learned/reviewed.

❖ Schedule the next session date and time with the family.

Procedures to Conduct Tele-intervention Sessions: End of Session

- ❖ **Complete your session note WITH the family at end of your tele-intervention session:**
 - **Record on your session note that this session was tele-intervention.**
 - **Record actual time / units spent in tele-intervention session.**
 - **Record the coaching, demonstration, problem solving, and reflection that occurred during the session (summary of the visit), identify what the parent/caregiver will be working on until the next visit, and summarize data collection.**

Procedures to Conduct Tele-intervention Sessions: End of Session

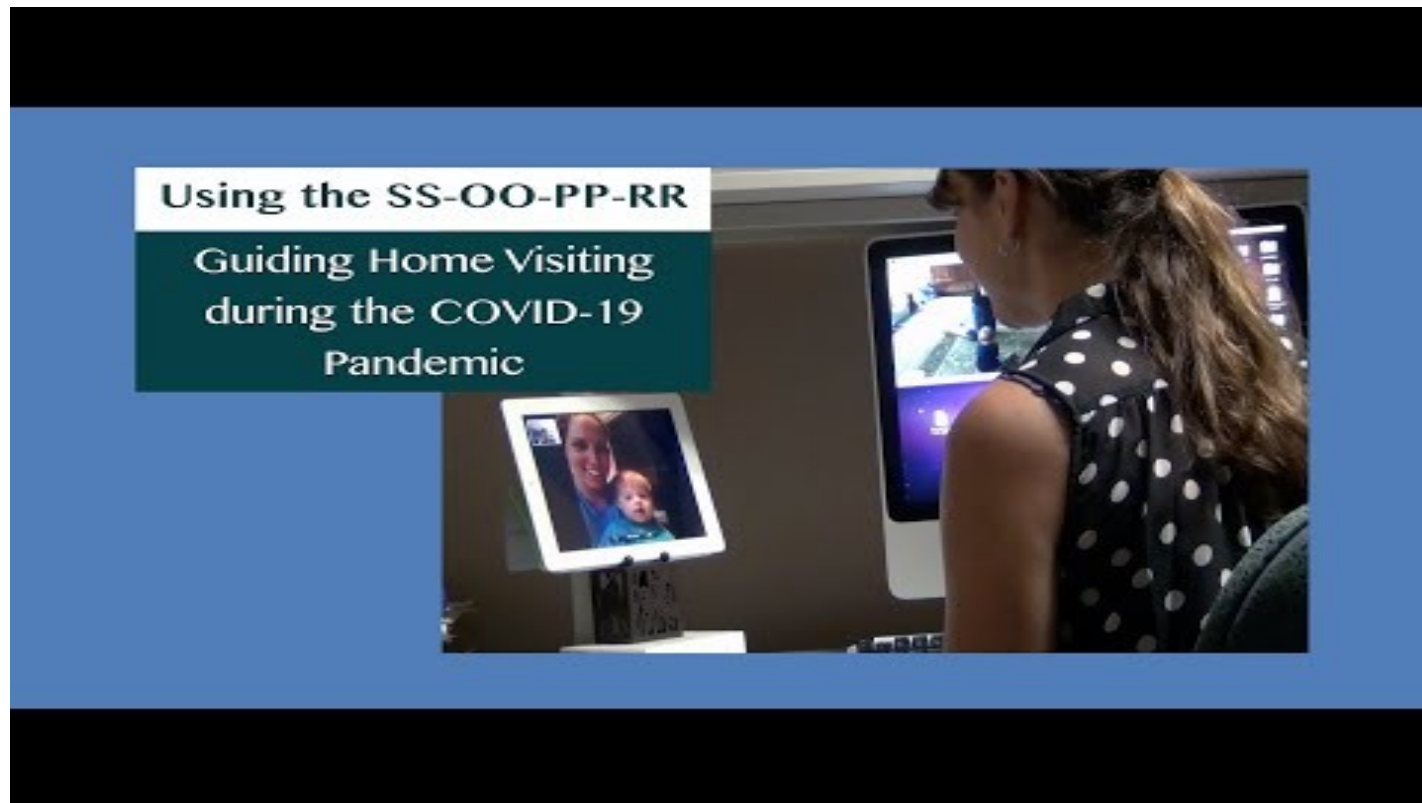
- ❖ **Complete your session note WITH the family at end of your tele-intervention session (continued):**
 - Record the next session you have scheduled with the family
 - Parent signature is not required at this time. All staff and contractors will be updated if that practice changes.
- ❖ **Email a copy to the family immediately after the session.**
- ❖ **Contractors submit a copy of the electronic session note with WSH report.**
- ❖ **Staff follow the process already in place for submission of session notes.**

Guiding Home Visiting During the COVID-19 Pandemic

Early Childhood Technology Center (ectacenter.org)

EI Tele-Intervention is a Home Visit

EI Tele-Intervention is Coaching



To watch this video on tele-intervention, return to the KenCrest Academy page and click on the link provided. Print your certificate on the next page.

Certificate of Training

This is to certify that

completed a 30 minute training on _____, 2020 titled:

Birth to Three Early Intervention via
TELE-INTERVENTION during COVID-19 EMERGENCY

Created by: Denita Newsome



Denita Newsome
